



PRIMARY WORD

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Head Teacher - Neil Tyler

Events for week beginning 17th April 2023

Weekday	Time	Event	Venue	Taken By
Monday		School Reopens To Pupils		
	12.15 - 13.15	YR4&5 Home Learning Club	Miss de Rossi's Class	Miss de Rossi
	15.30 - 16.30	Freestyle Soccer	Field	Mr Jones
Tuesday	12.30 - 13.15	YR6 Revision Club	YR6 Classrooms	Mrs Burton
	15.30 - 16.30	Running Club	Field	Mrs Devereux, Miss Rigby, Mrs Varrier
	15.30 - 16.15	YR6 Drama Club	Main Hall	Miss Bond
	18.15 - 20.00	Taekwon-do	Main Hall	Mr Bonfield
Wednesday	08.30 - 08.50	Selected YR3 Reading Club	Library	Mrs Marsh
	09.15 - 14.45	Sports Crew Training	Towcester	Miss Rigby
	12.15 - 12.35	YR4 Worship Team	KS1 Activity Area	Mrs Stiles
	12.50 - 14.00	Woodwind	Library	Miss Gunn
Thursday	09.00 - 12.40	Guitar	Library	Mr Smith
	09.00 - 15.00	YR6 Sleep Workshop	Small Hall	MHST
	12.30 - 13.15	YR6 Revision Club	YR6 Classrooms	Miss Longley
	12.50 - 13.15	YR2 Choir	Mrs Walter's Class	Mrs Walter/Miss Fortnum
	15.30 - 16.15	KS2 Choir	Main Hall	Mrs Marsh, Mrs Varrier, Mrs Devereux
	15.30 - 16.30	Freestyle Dodgeball	Playground	Freestyle
	17.30 - 19.45	Taekwon-do	Main Hall	Mr Bonfield
Friday	08.40	Walking Bus	Library to School	Mrs Devereux & Miss Rigby
	08.30 - 08.50	Selected YR3 Reading Club	Library	Mrs Marsh
	09.00 - 10.20	Violin & Cello	Library	Mr Ebrahim
	12.45 - 15.00	Selected YR5&6 Swimming	The Mounts	Miss Rigby
	15.30 - 16.30	Freestyle Dodgeball	Field	Freestyle
Sunday	10.30 - 11.30	Brixworth Community Church - Informal Service	Main Hall	Rev Andy Lloyd Williams

Important Notices

Foundation Stage Donations Needed Please

The children in Foundation Stage love to design and build things for their imaginary play and use large materials for their physical development. Therefore, we would like to kindly request any donations of gravel boards, decking boards or scaffolding boards that are still in good condition. You may have some left over from building or gardening projects. If you have any donations please let the Foundation team know or notify the school office.

Year 6 Residential Meeting for Parents

There will be an information evening held on **Wednesday 27th April at 6pm** regarding the Year 6 residential to Whitemoor Lakes. This will be an opportunity to learn more about what will happen during the week of the residential and to ask any questions you may have. The meeting will be held in the main hall at 6pm. There will also be forms to collect that require completion before the trip.

PTA Clothing Collections - Children have been sent home with a 'Bag2School' donation bag this week. If you are donating any good quality clothing, shoes or accessories please return the donation bag to your child's classroom on **Monday 24th April**.

Can we kindly request donations are not brought into school any earlier than this date due to limited storage. Any donations handed in after this date can not be accepted.



We would like to say a big thank you to all children and their parents who have taken part in the walking bus for Sustrans Big Walk & Wheel.

Sustrans Big Walk and Wheel inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.

Mrs Devereux and Miss Rigby have decided that due to the success of the walking bus they would like it to continue every Friday morning. There will be a slight adjustment to the time in that everyone is to meet at the library at 8.40am instead of 8.30am. Feel free to tag along if you haven't already. Please can we ask if you usually walk your child to school, you will need to be present during the walking bus walk also.



Assembly Theme Week Commencing 17th April 2023 Forgiveness

Celebration Assembly

Congratulations to the following children who have won awards for consistently upholding one or more of the school values.



Respect
Rielle F

Aspiration
James B
Brody C
Amelia D

Excellence
Niamh D
Ava M
Kaitlyn H

Inclusion
Olive R

Foundation Stage Farm Visit

On Tuesday, the children in Foundation Stage were all very excited to go on their first school trip to West Lodge Farm Park. They had a fabulous time on their tour of the farm, although they did get a bit wet but they were all amazing and did not let it spoil their day. They saw lots of animals including pigs and their piglets, goats, rabbits, guinea pigs and they even had the opportunity to feed some very hungry baby lambs. They waved to all their friends as they went round on the barrel ride and did lots of playing and climbing in the play barn. Some of them enjoyed a much needed snooze on the way home!



I loved everything, I loved seeing the turkeys as they were showing off! - By Bella B



The Grandma pigs were the best, they were fat and bigger than the others - By Theo U

Year 5 & 6 Easter Visit to All Saints

On Tuesday, we went to Brixworth church and figured out who was the person responsible for Jesus's death. We were exploring four crime scenes and acted with other people. There was: the last supper, the garden, the trail and the graveyard. All of these scenes gave us a clue of who was responsible but we eventually realised it was all part of God's plan.

– By Evie L & Dominick C, Year 6



On Tuesday, we went to Brixworth All Saints Church as a class. We were greeted by Reverend David, then we were split into groups to go around the church looking at the crime scene. I loved it, it helped us learn so much more about the Easter Story because it was live and much better than being told from books. It helps us to remember it more.

– By Tyler S & Olivia P, Year 6

I really enjoyed the murder mystery aspect of it. We got to explore places in church that we had never been to before. We got to do some acting as well. It was so much fun! – By Tilly H & Esmae B, Year 6



When we went to the church, we did a role-play in different scenes to learn more about the Easter story. We all really enjoyed roleplaying and learning more. – By Amelie V & Megan K, Year 6



Years 1 & 2 Trip to Sudbury Hall

This term the topic for years 1 and 2 has been 'Toy Story' and to help bring their learning of toys to life they recently had the opportunity to visit Sudbury Hall Childhood Museum. The trip offered them the experience of learning all about different toys used and played with in the past.



I went to Sudbury Hall toy museum. We went on a huge double decker bus to get there. I sat next to Rupert so we could chat to each other. When we got there we could see the beautiful hall. Unfortunately, we went in the museum, not the hall. In the museum we met someone called Tom. Tom showed us old toys. Tom even pulled out a toy and we had to decide if it was old or new! After that we had a worksheet that had old and new toys and we went around the museum writing them down or drawing.

- By Noah B, Year 2



First, we went on the coach. When we arrived we took off our coats and went to the toilet. Next, Eve told us to sit on the huge dragon and then we talked about old and new toys. Then, she gave us a sheet and we had to draw old and new toys in the gift room. After that, we went into a second room and when we got in it was upside down! - By Seren E, Year 2

On Monday 27th March we went to Sudbury Hall to visit the children's toy museum with the whole of the year two children. When we arrived at school we got our things ready and waited for the coach to arrive. The journey was quite long and took an hour to get there. I was elated and couldn't wait to get there. After we got off the coach, we dropped our bags, lunches and water bottles off in the stable room. After that we went upstairs to the museum and looked at different toys. I really liked looking at the toys because they were interesting and I recognised some of them. Next, we did an activity with Tom where we investigated if the toys were old or new. We had to use the clues on the toys to decide if they were modern or not. Then we walked out of the museum but when we looked up there were toys up on the ceiling. On the way home, I fell asleep. When we were there I was so happy! - By Sophia A, Year 2



Year 4 Samba Drumming

Over the past 10 weeks, the year 4 pupils have been working with Brendan Rayner from Northamptonshire Music and Performing Arts Trust (NMPAT) on how to play instruments used in a Samba Band. The main sections of a samba band consist of the Surdo drums, the Caixa/snare drums, the Tamborim, Ganza shakers, Agogo bells and the Repinique drum.

On Tuesday the children had the opportunity to showcase their new skills by performing to the school and their parents. They have loved learning something new and equally loved the chance to make as much noise as possible!



In a moment of madness I agreed to run the London Marathon for the Phabkids charity in 2020. It was probably a silly idea then, as I am not, and have never been a runner. It has been made worse because the 2020 marathon was cancelled and I was asked by the charity, for funding reasons if I could put it back to this year. I am

now three years older and slower and more exhausted. However I will be trying to drag myself around London on the 23rd April.

I will have my race number by the week before and if any of you want some amusement on the Sunday of the race you can track my slow progress on the Marathon App. I am sure it will be entertaining for the children to see just how long it will take.

Phabkids are a great charity who have been supporting disabled children and their families for over 60 years so if any of you could support me it would be very much appreciated. The just giving link is

www.justgiving.com/fundraising/neil-and-tanya-tyler

Neil Tyler

The Song of the Week

This week was...

"The Pretender"
By the Foo Fighters



Helping children and young people with MANAGING DEVICE STRESS AND ANXIETY

WHAT ARE THE RISKS?

The internet and advances in the capability of digital devices have afforded us arguably the fastest period of technological and social evolution in living memory: creating opportunities for us to interact with people anywhere in the world, 24 hours a day. It's also, however, blurred safety boundaries and added new stresses for young people, who are often less aware of the hidden hazards. With almost half of 10–15-year-olds experiencing bullying online and algorithms pushing content in front of our children every day, it's important to know how to address some of these challenges.

LIVING ONLINE

The internet is awash with sophisticated algorithms that learn from our online behaviour and try to predict our wants and needs. That's very helpful in some respects, but it can make the online world difficult for children and young people to negotiate. Content can be brought to them at any time – it may not always be appropriate, and children may not have the ability or the support to deal with it.

PUSHY NOTIFICATIONS

Content is also directed at us through notifications from our apps: letting us know we have a new message or social post to read, for example. While that's useful in some circumstances, it conditions us to keep going back online (and is designed to do so) and can be a near-constant demand on your child's attention. As such alerts become more common, are we experiencing an 'attack of the pings'?

BLURRED BOUNDARIES

There are now so many ways we can communicate online in real time (like instant messaging apps) or with a delay (such as on social media) that it's possible to be constantly in conversation. Young people often prefer quickfire exchanges of text – but using fewer words can cause distressing miscommunications through the lack of non-verbal cues like facial expressions or tone of voice.

DIGITAL DEPENDENCY

As devices allow access to immediate external help in challenging situations, it's a concern that children may not be developing the inner confidence to work things out for themselves. Likewise, group membership is hugely important to young people – both in digital and 'real' life – and being excluded from online conversations can cause damaging feelings of loneliness and isolation.

DISGUISED DISTRESS

Children often haven't yet developed the emotional resources to deal with many of the setbacks of everyday life, so identifying when it's specifically something online that's worried them can be tricky. A certain level of stress is a normal response to a problem: it spurs us into action to keep ourselves safe. If the stress is excessive, though, it can feel overwhelming and potentially lead to anxiety or depression.

ANTI-SOCIAL SOCIALS

Social media can bring people together in hugely positive ways. Sadly, it does also have a darker side, including 'flame war' arguments which can escalate quickly and have hurtful consequences. With so many people looking on, 'group shaming' situations are also common – while there are continual opportunities for young people to compare themselves negatively with other social media users.

Advice for Parents & Carers

LEARN THE BASICS

It's impossible to keep up with every online change or every new app. The best option is to make yourself aware of the fundamentals of how the internet operates, so you can help your child to grasp how – and why – content reaches them. Devices and the digital world can be confusing, so learning to understand them better will give you the confidence to talk to your child about them.

TALK IT OUT

If a child mentions a comment that's been directed at them in a text chat or on social media, it may sound minor but can actually have a much bigger effect than we realise. In our evolved brains, any perceived threat can get internalised while our body reacts as if we were in physical danger – raising stress levels. It's always worth encouraging your child to get any concerns out in the open.

PUSH DISTRACTIONS AWAY

Notifications to our phones and tablets can be helpful, but they sometimes make one wonder who's really in charge: the person or the device? Checking our phone as soon as it goes off is an easy habit to fall into – especially for young people. Try switching off non-essential alerts on your devices and encourage your child to do the same; you should both feel less triggered and more in control.

LOOK FOR THE SIGNS

This is tricky – and may depend on the child's age – but any sudden change in behaviour is worth looking out for. If your child seems to be checking their phone or tablet more, doesn't want to be parted from them, or appears unusually secretive, anxious or withdrawn, it could be a sign that something is amiss in relation to their device – and, possibly, that they're in need of extra support.

KEEP CHECKING IN

Healthy emotional regulation balances three systems: threat, drive and grounding. Down the various rabbit holes of the internet, however, that balance can easily slip away – so it's important to help your child manage their emotions when they're online. Check in with them regularly when they're on their device, and remember that 'distraction' and 'relaxation' aren't always the same thing.

BE KIND: UNWIND

Be kind to yourselves as parents and carers. Remember that we're all in the same boat, trying to safely guide our children through this complex, fast-moving digital environment. Getting into the habit of having natural, relaxed conversations with your child about their online life (and yours) can level the playing field and make it far easier for them to open up to you about any concerns.

Meet Our Expert

Dr Carlo Francis-Smith is an experienced counselling psychologist who specialises in promoting safe and ethical online communications. She consults with and offers bespoke training to businesses and organisations, supporting positive and effective online communications – often by considering some of the more hidden aspects of the various mediums.



National
Online
Safety

#WakeUpWednesday



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OPEN DAY

BRIXWORTH TENNIS CLUB

SATURDAY 1ST APRIL

DETAILS

Saturday 1st April
3pm till 5pm
Brixworth Tennis Club, NN6 9DQ

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Northampton Rd, NN69DQ
10th to 14th April

WHAT IS A MULTIACTIVITY CAMP:

50% tennis, 50% other activities (Vary from camp to camp could include Football, cricket, trial-golf, tae-kwon-do, HSBC money management course, Netball, cake making, first aid for children, gaming vans, archery and more...!)

- ☑ 8-9am £2.50/ £3.50 per day
- ☑ 9-4pm £20/ £25 per day (NEW REDUCED PRICE FOR MEMBERS!)
- ☑ 4-5pm £2.50/ £3.50 per day

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SCAN ME WITH YOUR PHONE



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